



## LUNCH TO GO 2016

Week	Monday	Tuesday	Wednesday	Thursday	Friday
<b>1</b>	Pea butter on whole wheat bread  Cucumber slices Pear	Tuna salad wrap  Celery sticks Apple	Sliced turkey on whole wheat bread  Carrot sticks Banana	BBQ chicken sub  Cherry tomatoes Honeydew melon slices	Beef burger on whole wheat bun  Baby carrot sticks Apple
<b>2</b>	Hummus with whole wheat pita  Baby carrots Orange	Chicken fingers on whole wheat bun  Celery sticks Pear	Tuna on whole wheat bread  Cucumber slices Banana	Chicken salad on whole wheat wrap  Red pepper sticks Apple	Beef taco on whole wheat wrap  Baby carrot sticks Orange
<b>3</b>	Roast beef on whole wheat bread  Cucumber slices Apple	Tuna on whole wheat roll  Cherry tomato Orange	Sliced turkey on whole wheat bread  Red pepper sticks Cantaloupe chunks	Hummus with pita  Celery sticks Banana	Chicken patty on whole wheat bun  Baby carrots Apples
<b>4</b>	Sliced chicken on whole wheat bread  Baby carrots Pear	Meatball whole wheat sub  Celery sticks Honeydew melon	Turkey sausage on whole wheat roll  Cherry tomato Apple	Beef sloppy joes on a whole wheat kaiser  Cucumber slices Orange	Fish burger on whole wheat bun  Red pepper sticks Pear

Water is available for drinking throughout the whole day.  
 Local fruits and vegetables are used when available.